Reception - PSED
Self-confidence and self-awareness

I can select and use activities and resources with help.

I am confident to talk to other children when I play.

I am more outgoing towards unfamiliar people and more confident in new social situations.

I welcome and value praise for what I have done.

I can say why I like some activities more than others.

I can say when I do or don't need help.

I am confident to speak in a familiar group.

I am confident to try new activities.

I can choose the resources I need for my chosen activity.

I talk about things I am good at.

I can talk about things I don't find easy.

I am resourceful in finding support when I need help or information.

I can talk about the plans I have made in order to carry out an activity. I can explain what I might change if I were to repeat the activity.

I enjoy the responsibility of carrying out small tasks.

I will communicate freely about my home and community.

I am confident to speak to others about my own *needs, wants, interest* and *opinions*.

I can describe myself in positive terms and talk about my abilities.

I am confident to ask adults for help.

I can talk about things I enjoy.

I am confident speaking to the class.

I can talk about the plans I have made in order to carry out an activity. I can explain what I might change if I were to repeat the activity.