I can usually adapt my behaviour to suit different events, social situations and changes in routine.

I am beginning to accept the needs of others and, with some support, I can take turns and share resources.

I am beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.

I can usually tolerate delay when my needs are not immediately met, and I understand my wishes may not always be met.

I am aware of my own feelings, and I know that some actions and words can hurt others' feelings.

I am aware of the boundaries set, and of behavioural expectations in my setting.

I can talk about how people show feelings.

I am aware of my own feelings, and I know that some actions and words can hurt others' feelings.

I can adjust my behaviour to suit different situations.

I am aware of the boundaries set, and of behavioural expectations in my setting.

I can work as part of a group or class, understanding and following the rules.

I can adjust my behaviour to suit different situations.

I know some ways to manage my feelings and I am beginning to use these strategies to maintain control.

I know when and how to stand up for myself appropriately.

I talk about my own and others' behaviour and the consequences it may have.

I can talk about how people show feelings.

I know some ways to manage my feelings and I am beginning to use these strategies to maintain control.

I can wait for things that I want.

I can stop and think before acting.

I can talk about how people show feelings.

I can take changes of routine in my stride.

I can work as part of a group or class, understanding and following the rules.

I can listen to a variety of suggestions and plan how to achieve an outcome, without adult support.

I can usually tolerate delay when my needs are not immediately met, and I understand my wishes may not always be met.